Healthy Fathering Collaborative Collaborative

Childbirth Education for New Dads

- Are you a father-to-be? Do you want to learn how to take care of your baby? Birthing Hospitals throughout the area offer **Boot Camp for New Dads**. Call your hospital today!
 - Community Health Partners Lorain 440.233.1047
 - Cornerstone Among Women Elyria 440.284.1010
 - Elyria Memorial Hospital 440.329.7466
 - Fairview Hospital 440.356.0347
 - Garfield Heights area 216.650.0553
 - Hillcrest Hospital 440.312.4647
 - MetroHealth Medical Center and Broadway Health Center - 216.778.3381
 - Parma Community Hospital 440.743.4900
 - St John Medical Center 877.597.6348
 - Southwest General Hospital 440.816.8036
 - Stephanie Tubbs Jones Health Ctr East Cleveland - 216,767,4447
 - University Hospitals Health System (2 locations) 216.844.4000

Education and Support

- ☐ ¿Eres un padre Latino necesitado de apoyo? Are you a Latino father looking for support? Call Max at **Nueva Luz**, **216.651.8236**
- □ Do you need help with your relationship with your new baby's mother? Would you like to talk to someone about being an effective dad? Call Muqit at the Center for Fatherhood and Family Dynamics, 216.769.5135
- Would you like to be empowered to raise your children to become strong parents? Call Lorenzo at 283-4400, ext 2297 about the Strong Fathers program.

- □ Do you need help with parenting, budgeting, child support or relationship skills? Call the Reconnection Programs at North Star, 216.881.5440
- Do you need information regarding your financial or legal issues? Do you have relationship questions? Call the Fathers and Families Together program, 216.325.9124
- □ Have you been involved in a Domestic Violence situation? Need support and counseling? Call the Domestic Violence and Child Advocacy Center, 216.229.2420 x 258

Employment and Money

- Do you need help with your job search? Call Brian Moore at **Passages**, **216.881.6776**
- Do you need more job skills? Call Maurice Stevens at the Rising Above Initiative, 216.881.5866
- Are you searching for a job? Call Towards Employment, 216.696.5750 and ask about job readiness for fathers.
- □ Are you looking for On the Job Training in the construction trades? Call Maurice at Expert Reclaim, 216.881.5866
- □ Do you need help managing your credit or other money concerns? Call Gwen at US Wealth School, 216.577.5621 or Recover Your Harvest at 216.502.3394.
- Do you need help opening the door to home ownership or learning how to manage your money? Call Danielle at Cleveland Neighborhood Progress, 216.370.5630.

 Do you need professional-looking interview clothes and motivation for your job hunt? Call Passages and ask about Suited for Men, 216.881.6776.

Father and Child Activities

- Would you like to do some fun recreational activities with your kids? Call Fred Knuckles at University Settlement, 216.441.2907 ext 228
- ☐ Are you looking for a fun place to play and learn with your child? Call Family Connections, 216.321.0079
- Are you looking for a fun place to take your child? Try the Children's Museum of Cleveland, 216.791.7114 and FREE First Monday evenings.

<u>Legal Issues, Child Support,</u> Custody/Parenting Time

- Do you need help establishing parenting time or custody? Call the Cuyahoga County Office of Mediation, 216.698.4996 or call the Pro Se Center at 216.443.3149 to handle it yourself.
- □ Are legal troubles or your criminal history getting in the middle of you and your family? Call Darella Motley at KeySource, 216.369.9120
- □ Do you need to set up supervised visitation or parenting time for you and your child? Call Deborah Benn at Safe and Sound,
 216.229.2420 x 257
- □ Do you want to establish **Paternity** and legally become the father of your child? Call **CSEA**, 216.443.5100

Do you need information on your child support case? Go online at <u>childsupport.cuyahoga.us</u> to chat with a caseworker, access online forms and view informational videos.

Are you looking for more information?

- Look for us on the internet! Go to www.neofathering.net for more detailed information! Also, look for us on facebook, www.facebook.com/neofathering and follow us on twitter: @neofathering
- Or....if you can't find a service you are looking for, call 211/First Call for Help at 211 or 216.436.2000
- Do you need information about fatherhood programs throughout the State of Ohio? Go to www.ohiofathers.org and search for programs.
- Cuyahoga County Fatherhood Initiative at www.fatherhoodinitiative.cuyahogacounty.us
- Ohio Commission on Fatherhood at www.fatherhood.ohio.gov

FATHERHOOD FACTS:

Importance of Father Love for Child Well-Being:

- Numerous studies have shown that father love is as important as mother love in predicting the social, emotional, and educational well-being of children.
- Children with involved, loving fathers are significantly more likely to do well in school, have healthy self-esteem, exhibit empathy & prosocial behavior, and avoid drug use, truancy, and criminal activity.

THE REAL STORY ABOUT UNMARRIED FATHERS:

Myth: Unwed births are the result of casual "one night stand" sex.

The Real Story: Most unmarried mothers and fathers are romantically involved, living together or friends when their child is born AND they intend to parent together!

Myth: Unmarried fathers don't care about their children.

The Real Story: 8 of 10 unmarried fathers provide money during the pregnancy and 75% visit the mother and baby in the hospital.

Myth: Mothers don't want fathers involved with their children because the men are dangerous, violent and abusing drugs and alcohol.

The Real Story: 9 of 10 unmarried mothers want the father to be involved in raising their child.

Myth: All fathers who do not pay child support are deadbeat dads.

The Real Story: Many fathers are "deadbroke" – they are poor themselves, often cannot afford to pay child support and need educational and employment support just like mothers

What is a Healthy Father? Go to neofathering.net/healthy_father.asp to find out!

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Just for Dads

Social Services Designed for the Unique Needs of Fathers

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Healthy Fathering Collaborative of Greater Cleveland

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